



2024 REGION 9 GYMNASTICS CHAMPIONSHIPS

April 6-7th, 2024

**Final schedule included at the bottom
of the packet!!**

Host Club and Venue:

Air Force Academy
Cadet Gymnasium
Colorado Springs, CO 80840

Meet Director:

Mark Bogoger

Meet Coordinator:

Lori Marchando

Airports

(1 ½ hours from the venue):

Denver International Airport
8500 Peña Blvd
Denver, CO 80249

(45 minutes from the venue):

Colorado Springs Airport
7770 Milton E Proby Pkwy
Colorado Springs, CO 80916

Host Hotels:

Drury Inn & Suites Colorado Springs

1170 Interquest Pkwy, Colorado Springs, CO 80921

719-598-2500 or 800-325-0720

Thursday- 4/4/2024 - \$125.00 (taxes and fees not included)

Friday, Saturday, Sunday - 4/5/2024 to 4/7/2024 - \$144.00 (taxes and fees not included)

Last day to book with group rate: March 10, 2024

BOOKING INFORMATION: Group # 10100261

[Click here to book](#)

Complimentary Hot Breakfast - Enjoy scrambled eggs, oatmeal, fresh fruit, potatoes, pastries, the all-important coffee and more. Hot, fresh, and, best of all, free. Free hot breakfast is served daily from 6-9:30 a.m. on weekdays and 7-10 a.m. on weekends.

Complimentary Evening Drinks and Snacks* - Join us from 5:30 p.m. – 7:00 p.m. every evening to enjoy complimentary hot food and cold beverages at our 5:30 Kickback®. The Hotel features a rotating menu of hot food, beer, wine, mixed drinks and soft drinks.

Complimentary Wi-Fi Throughout the Hotel

SpringHill Suites Colorado Springs North/Air Force Academy

1320 Republic Drive Colorado Springs, Colorado 80921

\$139.00 per night (taxes and fees not included)

Free Breakfast, Free Parking

Last day to book with group rate: March 21, 2024

BOOKING INFORMATION: Men's Regional Gymnastics Competition Group

[Click here to book](#)

Holiday Inn Express

7110 Commerce Center Drive- Colorado Springs, CO 80919

\$129.00 (taxes and fees not included)

Free Breakfast, Free Parking

Last day to book with group rate: March 24, 2024

BOOKING INFORMATION: Men's Regional Gymnastics Competition Group

Click here to book

***Room rates available until blocks are full, be sure to book your room today**

***Check with hotel for cancellation policy**

Photography:

Tentatively JKP Sports

Apparel:

Northwest Designs Ink will be doing all the apparel for the Championships!

Entry Fee:

\$160 per athlete (\$175 for Technical Sequence athletes) due NO LATER than the conclusion of each State Championship. \$50 late fee per athlete if not submitted by March 18th. There are no refunds for Regional entries. One GYM check per club should be made out and MAILED to: **Region 9 Men's Gymnastics**, 1405 South Public Rd., Lafayette, CO 80026.

Seniors:

Please email a list of your Senior athletes to region9gymn@gmail.com no later than **March 10th** so that they can be recognized at the beginning of their session.

Door entry:

\$20 per session

Free for Kids under 2

Final Schedule

Friday

Meet and Greet with Yul Moldauer at Drury Inn! (More details to come!)

Saturday, April 6th

Session #1 - Level 3s

Open stretch: 8:00am

March in: 8:20am

Timed Warmups: 8:30am

Awards: 10:30am

Session #2 - Level 4s

Open stretch: 10:30am

March in: 10:50am

Timed Warmups: 11:00am

Awards: 1:00pm

Session #3 - Level 5s

Open stretch: 1:00pm

March in: 1:20pm

Timed Warmups: 1:30pm

Awards: 4:00pm

Session #4 - Level 6s and Tech Sequences

Open stretch: 4:00pm

March in: 4:20pm

Timed Warmups: 4:30pm

Awards: 8:00pm

Region 9 Board and Coaching Staff Meeting

Immediately following awards –

**THIS MEETING WILL INCLUDE INFORMATION ABOUT THE REGION REORGANIZATION
SO ATTENDANCE IS STRONGLY ENCOURAGED!!**

Sunday, April 7th

Session #5 - Level 7s and Platinums

Open stretch: 8:00am

March in: 8:20am

Seniors and Academic All-American Recognition

Timed Warmups: 8:40am

Awards: 11:00am

Session #6 – Level 8s and 9s

Open stretch: 11:00am

March in: 11:20am

Seniors and Academic All-American Recognition

Timed Warmups: 11:40am

Awards: 2:30pm

Session #7 – Level 10s

Open stretch: 2:30pm

March in: 2:50pm

Seniors and Academic All-American Recognition

Timed Warmups: 3:00pm

Awards: 6:30pm